

# HEALTH AND WELLNESS DISCLAIMER

**Effective Date:** 12/05/2025

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This Health and Wellness Disclaimer (“Disclaimer”) is issued by Restore MyoHealth LLC DBA Restore MyoHealth Myofunctional Therapy (“Company,” “we,” “us,” or “our”) and governs all content, information, recommendations, or representations made available through the website located at [www.restoremyohealth.com](http://www.restoremyohealth.com) (the “Site”), as well as any associated services, downloadable materials, videos, social media, email communications, or digital programs operated by the Company.

By accessing or using the Site or its content, you expressly agree to the terms of this Disclaimer and acknowledge your responsibility to consult a licensed health professional before acting on any information provided.

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## I. NO MEDICAL OR CLINICAL ADVICE PROVIDED

### 1.1 Informational Purposes Only.

All content provided on or through the Site is offered **solely for general educational and informational purposes**. The Company does not operate as a licensed medical provider and does not offer diagnostic, therapeutic, or prescriptive advice for any disease, condition, or illness.

### 1.2 No Substitute for Medical Consultation.

Nothing on this Site should be construed as a substitute for:

- Professional medical diagnosis
- Personalized treatment plans
- Emergency intervention
- Prescribed medications
- Laboratory or imaging-based evaluation

You must never delay, avoid, or disregard seeking medical advice from your healthcare provider because of something you have read or seen on the Site.

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## II. USER RESPONSIBILITY AND RISK ASSUMPTION

### 2.1 Voluntary Use at Your Own Risk.

By using the Site, you acknowledge that:

- You are responsible for your own physical and mental health decisions
- You voluntarily assume all risks associated with the use or misuse of wellness-related information
- The Company shall not be liable for any adverse effects, injuries, or consequences resulting from reliance on the Site's content

This includes, but is not limited to, claims involving:

- Nutritional strategies
  - Exercise or fitness recommendations
  - Supplement usage
  - Mental health practices
  - Self-diagnosis or delay in seeking care
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## III. NO PROVIDER-PATIENT RELATIONSHIP CREATED

Accessing or using the Site **does not establish** any form of doctor-patient, therapist-client, or provider-consumer relationship between you and the Company, its team members, or contributors.

All content is generalized and not tailored to your individual circumstances. You are solely responsible for consulting licensed medical professionals for your personal health concerns.

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## IV. LIABILITY LIMITATION AND INDEMNITY WAIVER

To the fullest extent permitted by law:

- The Company disclaims all warranties, express or implied, including fitness for a particular purpose

- The Company shall not be liable for any damages, injuries, or losses alleged to arise from reliance on Site content
  - Your sole and exclusive remedy is to discontinue use of the Site
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## **V. CONTACT INFORMATION**

If you have any questions regarding this Disclaimer or would like to report health misinformation concerns, please contact:

**Restore MyoHealth LLC**

Email: [restoremyohealth@gmail.com](mailto:restoremyohealth@gmail.com)

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